



Tips for Working Teens and their Parents



Marshall Space Flight Center

- Each year 200,000 youths are injured at work
- 100,000 require emergency room visits
- 70 result in deaths
- Behind agricultural accidents, the second highest number of workplace fatalities are in the restaurant & retail store industries. Two thirds of these fatalities are homicides, most occurring during the commission of a robbery.



www.osha.gov/SLTC/teenworkers



www.youthrules.dol.gov



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Teens

- Know the law

State & Federal laws limit the hours you can work and the kinds of work you can do.

- Play it safe

Recognizing and dealing with hazards correctly may save your life.

- Ask Questions

How to deal with an irate customer, perform a new task, or use a new machine.

- Make sure your employer knows

What hours/days you're willing to work, if you don't want to work alone, if there are certain tasks you don't want to perform.

- Trust your instincts

If someone asks you to do something unsafe or that you're not comfortable with, don't do it.



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Parents

- **Be involved**
Make decisions with your teen about appropriate employment.
- **Check it out**
Meet your teen's supervisor. Ask about training, duties, and equipment.
- **Talk and listen**
Frequently ask your teen what they did at work and discuss problems or concerns.
- **Watch for signs**
Is the job taking a toll emotionally or physically?
- **Know the law**
State & Federal child labor laws exist to protect your teen.